



NEWS RELEASE

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Free GED classes offered by Capital Region BOCES Adult Education program

Ongoing classes at numerous area locations and home study options enable local residents to earn diplomas

The more you learn, the more you earn. Capital District residents who haven't earned a high school diploma, including those who think they are too busy to do so are encouraged to take advantage of free General Equivalency Diploma (GED) courses offered by the Capital Region BOCES Adult Education program.

BOCES GED programs allow individuals to study at their own pace, under the guidance of experienced teachers. Students are assessed to identify their personal learning needs, and lessons are designed specifically for each individual. All GED classes and materials are free for all participants.

GED classes meet on an ongoing basis, throughout the year, at various locations including the Capital Region BOCES Career & Technical School campuses in Colonie and Schoharie, and at community centers and service agencies, colleges, businesses, shopping malls, and other locations.

The Capital Region BOCES also offers a GED home study program, called GRASP, for adults who can't travel regularly to a class location due to transportation, child care or other personal concerns. GRASP is available in English and Spanish.

The BOCES GED program provides an assessment to identify needs, self-paced learning and individualized lessons designed specifically for each student. To prepare for the state exam to earn their GED, adults study language arts (reading and writing), math, science, and social studies. GED exams are also held throughout the year.

In addition to free GED courses, the Capital Region BOCES Adult Education program offers free classes for English Language Learners (ELL) which are also held throughout the area. BOCES also offers tuition-based career and technical education programs specifically for adults, including Welding, Practical Nursing and Nurse Assistant, home and business repair, heavy equipment operation/CDL prep, and forklift certification. Career and technical education courses are also developed for local employers and industries.

Information on all programs is available from the Capital Region BOCES Adult Education program at (518) 862-4707 or by visiting www.bocescareertech.org.

The Capital Region BOCES Adult Education program and the Capital Region BOCES Career & Technical School are operated by the Capital Region Board of Cooperative Educational Services (BOCES) and serve the residents of Albany, Schoharie, Schenectady and southern Saratoga counties.